

**News from Sacred Heart, King William's Town**

**TERRY KINGSTON**

Our youth held a modeling show which was well attended and thoroughly enjoyable.

This will likely be an annual event due to its popularity with participants and the audience. This was combined with a Mr & Miss Sacred Heart competition. The top positions were hotly contested with the Senior section being won by Domonique Plaatjes and Howard Mopp Jnr, while Anjeanette Ojeda and Shain Jurie Jnr claimed the junior section. Thanks to the coordinator Chantelle Kelly assisted by Nicci and Erwin Taai and Shain Jurie.

The parish potjie competition was won jointly by Ulrich Weimers and Dayrill Christian with Shain Jurie coming in second.

On the 28 November CWL assisted by the Knights held our Christmas seniors party. About 70 seniors were brought in from Tuysha, Rhamyiba, Ginsberg and Breidbach and were treated to a lovely wholesome meal and spoilt by Christmas gifts and lucky spot prizes. A lot of spirit helped to cheer the seniors along.

We congratulate St Peters at Tyusha on their 50th anniversary. Bishop Michael Coleman, Frank Wightman, Bro. Christopher Zimmermann and a Canadian TV crew attended the celebrations and were treated to local hospitality.

We welcome back Fr John Pullokaran from his overseas holiday. Fr John had a lovely mini glossy Christmas booklet printed in India which was given to all parishioners on the Census list. There are many messages from the various sodalities and we thank Tom Thayil for the expert layout of the booklet.

We thank Fr Ashok for standing in while Fr John was on holiday. We were all impressed with his homilies and now know a lot more about the Franciscan Order.

All societies and various ministries gathered on the 23 November to put together our Parish Diary for 2011. This worthwhile exercise will reduce date clashes as well as coordinating various fund-raising functions.



We wish our church secretary Felicity Collocott a speedy recovery from her heart procedure.

Our Rosary rally in October once again took the form of a procession with the Knights portaging the statue of the Blessed Virgin. At the conclusion of the rally everyone got a lovely rose from the statue decorations.

The Knights held their annual golf fund-raiser, distributed cheques to charities, held their annual dinner, embarked on a Rosary visit to country brothers at Kidds Beach and held the last steak evening 100 club draw for the year. Toys for Happiness distributions as well as refreshments after midnight mass are still to come.



**St Augustine's Pilgrimage**

*Spiritual Director: Msgr Brendan Deenihan*

**Holy Land . Jordan. Cairo.**  
**5 – 16 November 2011**  
**Cost: R 20 995 .00 \***  
**Mass celebrated daily.**

- Jordan:** Mt Nebo. Bethany Baptismal site.  
1 day
  - Bethlehem:** Basilica of Nativity. St Joseph's Grotto. Holy Innocents. Manger Square. Shepherds' Field. Ein Karem: Visitation. St John's Church. Cremisan. pm free.  
2 nights
  - Galilee:** Caesarea.: Aquaduct. Nazareth: Mary's Well. St Joseph's Workshop. Basilica of Annunciation. Sepphoris.Cana. Tabgha. Primacy of Peter. Capernaum. Boatride on the Sea of Galilee.Magdala. Mt Tabor. Jericho. Cable car up Mt Temptation. Masada. Dead Sea. Qumran Caves. Bethany: Lazarus' Tomb: House of Martha & Mary.  
2 nights
  - Jerusalem:** Model of Jerusalem. Pater Noster Church. Dominus Flevit. Garden of Gethsemane.Church of All Nations.Rock of the Agony. Mary's Tomb. Cave. St Peters-in- Gallicantu. Dormition Abbey. Cenacle. St Stephen's Gate. Anne's Church. Pools of Bethesda. Ecce Homo Convent. Stations of the Cross. Via Dolorosa. Ad Cenaculum Chapel. Calvary. Holy Sepulchre. Western Wall.View : Dome of the Rock. Al Aqsa Mosque  
4 nights
  - Cairo:** Visit: Pyramids. Sphinx.. Nile Dinner Cruise.Old Coptic Churches.  
1 night
- Includes:** Economy class air ticket. Accommodation on a dinner, bed & breakfast basis.  
 Transportation in air-conditioned coaches. Guiding. Entrance fees.  
**Excludes:** Personal items such as telephone calls, laundry, drinks.  
**Estimated additional expenses:** Airport taxes:R2 800.00.Tipping \$.82 Insurance R390.00.(dependant on age) Visas for Egypt & Jordan. TBA.

*\* subject to airfare increases, currency fluctuations and a minimum of 20 passengers traveling together.*

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**ST PETER'S, SWARTKOPS SCC GROUP, SHARE RENEW AFRICA'S FINAL SESSION "STANDING TOGETHER"**



Sr Bernardis receiving her "lucky seat" prize from Dee Changfoot and James Alexander

*With compliments*

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**Marriage and Family Ministry**

**KAYE HENRICK**

The Marriage and family Ministry Forum presented the Retreat day for married couples at St Joseph's pastoral centre on Saturday 2 October and the Celebration of marriages on Sunday 3 October. These were enriching and deeply moving experiences.



**Charlene and Sidney Bermosky giving the reflection during the special Mass celebrating marriage on Sunday 3 October 2010**



relationships. From the input on forgiveness a key point was that we learn to forgive through reconnecting with our love and forgiving the small everyday offences while we remember the forgiving love of God. The process of forgiving the small offences helps us to develop the capacity to forgive the bigger offence if we are faced with it.

One of the gems from the input on conflict was the reminder that when I find it necessary to criticise or find fault with how my spouse handles or sees a situation I am placing myself in a superior position to which I have no right as a loving partner.

I need to place myself in the open space to understand my spouse's point of view and not respond from a position of righteousness. Then it was suggested that if I cannot hold my spouse's hand while we talk about the problem then I am not in a space to resolve the conflict.

In the slot on praying together we were treated to a practical experience of how praying together as a couple has enriched the prayer life of their children and their children's friends.

In the sharings, participants and presenters gave deep reflections on how they integrated the inputs and the value of those for their ongoing relationships.

The attendance was less than hoped for, but we recognise the difficulties with promotion this year.

Next year's Retreat Day is on 01 Oct 2011.

The retreat day is followed by the celebration of marriage at Mater Dei at the Sunday pm Mass. This year was amazing in the number of couples there to publically celebrate special anniversaries and those renewing their marriage vows. At the invitation to stand and join hands and renew their vows between 75 and 80% of the congregation stood. In the presentation of certificates it was again a standing ovation for the Coopers as they marked 68years of marriage. Deacon Sidney Bermosky and wife Charlene gave a moving homily on the reality of living out marriage commitment!

Join us next year!

MARRIAGE AND FAMILY MINISTRY FORUM.

**FATHER DANIA AND SOME OF HIS FLOCK ENJOYING THE LUNCH**



**St Joseph's Uitenhage**

**RONEL CHERRY**

We had a fantastic afternoon and we as CWL members were pleased to see the smile on our senior citizens faces as they enjoyed the occasion.

The afternoon kicked off with Brother Claude opening in prayer and the guest speaker was Patience Ketschengana.

Since it was the month for Diabetics, she spoke what precautions and measures should be taken by people with this condition.



**SENIOR CITIZENS POEM**

Seniors citizens are a group to adore  
 Just keep looking and learning and you will see more  
 They are a unique group, precious ones I love  
 They are funny and very wise  
 The older they get, more wisdom they have  
 Look around you, it could be your mother or dad  
 I am a senior and learn from my peers  
 We all grew up in the very lean years  
 Often we tell you, about the good ole days  
 The honest ones remember it was very tough  
 All of us are thankful that we did not have all this stuff  
 It made us stronger to do without  
 Now you want all that we have, that took many years!  
 To have the money and things that we hold dear  
 Just listen to the Seniors and you will see  
 Don't rush your life to be like me  
 What we have now, came with a fee

*Sarah Berthelson  
 Done by Ronel Cherry*

**News from Holy Name New Brighton**

**NOMZAMO "ZAZA" JACK**

It was a day never to be forgotten to these young candidates as they were experiencing one of their milestones in life, the First Holy Communion. The Holy Name Catholic Church witnessed with joy and pride as they go through this holy process on the 17th October 2010. Fr. Madikane encouraged them to be focused as they were going to enjoy the everlasting joy of receiving the Body and Blood of Christ. Thanks to the catechists who tirelessly helped in paving the way and giving encouragement throughout. To the boys and girls, your new life has begun, God loves you. Remember to always put the word first in your life. Congratulations!!



**Back: Keitumetse Motlhoareng (Catechist); Mziyanda Schultz; Limpho Jack; Thuso Neer; Bulelwa Befile and Xolelwa Ngeni (Catechist). Front: Ntsika Nqola; Vuyisa Petu; Khanya Gaxamba; Noblungisa Lugodlo; Malizole Meke and Abongile Schultz**

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**The Word of God**

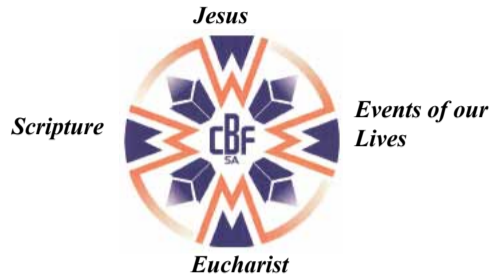
The Johannesburg Synod calls us to satisfy the 'spiritual needs' of our people. While this objective was addressed in many of the resolutions passed it was in the response of the youth that it addresses most directly. They clearly encouraged us to strive to:

- Enter into a deeper "personal relationship with Christ";
- Have a life-giving "encounter with Christ".

Our youth echoed the words of John Paul II.

"It is especially necessary that listening to the Word of God should become a life-giving encounter.. (Starting afresh from Christ. 2002 (24))

I will use the logo of the Catholic Bible Foundation of South Africa as a parable to broaden our understanding of the "Word of God"



The four orange W's and the four books represent the Word of God. We experience the Word of God:

- When we meet **Christ**; "We spend time with **Jesus as with a friend**."
- We meet Christ in the **Eucharist**; "It is primarily in the **Eucharist** that we celebrate the presence and action of God in our lives."
- When we go to the **Scriptures** in prayerful reflection; "We need time each day for personal prayer and pondering the **Word of God in the Scriptures**."
- When God speaks to us in the **events of our lives**. "In the ebb and flow of human interaction **God truly speaks to us through others**."

The design is centred around a star, representing the cosmos; our **God speaks to us through the wonders of creation**. We find two scripture texts reflected here. "Those who instruct others to justice will shine like stars for all eternity." Dan 12:3 "I am the light of the world". Jn 8: 12

It is time now to let the scriptures speak to us. Remember that this should be a life-giving encounter with Jesus – the Word.

Take time to read this text several times, out loud. The scriptures were originally written to be heard. As you read be aware of the tone of used to express the ideas. This adds greatly to our understanding of the Word.

**READ**  
**Mt 22: 34 – 40**

<sup>34</sup>When the Pharisees heard that he had silenced the Sadducees, they gathered together, <sup>35</sup>and one of them (a scholar of the law) tested him by asking, <sup>36</sup>"Teacher, which commandment in the law is the greatest?" <sup>37</sup>He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. <sup>38</sup>This is the greatest and the first commandment. <sup>39</sup>The second is like it: You shall love your neighbour as yourself. <sup>40</sup>The whole law and the prophets depend on these two commandments."

The Law refers to the first five books of the Bible. We call then the Pentateuch, Jesus would have known them as the Law. The second part of the Hebrew scriptures was the books of the prophets.

**RECOGNISE**

Many think that Jesus introduced something quite new in this teaching.

He is quoting from the Hebrew Scriptures in both instances.

"**You shall love the Lord, your God, with all your heart, and with all your soul, and with all your strength.**" Deut 6: 5

There is no escaping that this is directed at each of us; "you" is repeated five times. Our God is not one for half measures; "all" is repeated three times. God asks us to love him with every fibre of our being.

"**You shall love your neighbour as yourself.** I am the Lord." Lev 19: 18

Again the importance of "you" is emphasised. This is a two way process. Neighbour and self can be interchanged, just as God and neighbour can be substituted.

**In Isaiah 61: 1 – 2** we are taught how to put these commandments into practice.

<sup>1</sup>The spirit of the Lord God is upon me, because the Lord has anointed me; He has sent me to bring glad tidings to the afflicted, to heal the broken-hearted, To proclaim liberty to the captives and release to the prisoners, <sup>2</sup>To announce a year of favour from the Lord and a day of vindication by our God, to comfort all who mourn.

You will find Is 61: 1 – 2 used in Luke 4: 18 when Jesus describes his life work.

**Mt 7: 12** sums up the teaching of the Law and the Prophets. Do to others whatever you would have them do to you. This is the Law and the Prophets.

**RESPOND – PRAYER**

Having spent time with Mt 22: 34 – 40, read it once more being aware of the many ways in which it touches you. Once you become aware of God's touch remain with that thought. Enter into prayer using the words of Scripture.

Lord, I long to be good news to others. Set me free from the things that imprison me that I, in my turn, will set others free.

**Catholic Bible Foundation offers programmes in your parish to lead you as you grow in "Intimacy with Christ". (011 435 7488)**

**St. Joseph The Worker, Chatty**

**NORA RHODE – PPC SECRETARY**

**Ladies of Charity: Celebrating 21st Anniversary:**

The founder of the Ladies of Charity is St. Louise de Marillac, whose Feast day is celebrated on 15th March.

Father Fred Cole was the Spiritual Director up to 1998 when the relevant books and documents were handed over to Msgr. John Clarke's parish in Chatty. Since then Msgr. Clarke is the association's Spiritual Director.

Chairlady of the association, Mrs. Cynthia Witbooi, reports that they have grown from strength to strength and that there are five associations in the Eastern Cape: St. Joseph the Worker in Chatty / Holy Spirit in Arcadia / Mother of Good Hope in Booyesen Park / St. Andrews in Breidbach and St. John's in Cradock.

Once a year the Association get together for an annual general meeting, retreat and symposium, they



recently gathered at St. Andrews in Breidbach.

The Ladies of Charity at St Joseph's has a membership of 18 ladies and are proud to announce that they assisted and established some of the above parishes.

They serve six soup kitchens weekly in Bloemendal, Extension 21, Moggesukkel, Timothy Valley,

Jacksonville, Greenfields and Kwonoxolo.

Every year on December 1st, these kitchens give more than 2000 underprivileged children a Christmas Party and serve a Senior Citizen Lunch on the 1st Thursday in January at our parish.

Spiritually, the ladies meet once a month for prayer meetings, house visitations to the sick and house-bound as well as to the aged.

The Ladies of Charity are always willingly and helpfully assisting at weddings, funerals and all parish functions when ever needed and are very committed and dedicated.

Recently we hosted thirty youth members from St. Mary's Parish in George, whereby the ladies of charity assisted with the preparing of meals served. These youngsters were very impressed by the hospitality of our parish, especially by the **Mamma's of Charity!!!**

**Aachen Cathedral Choir**

On Friday the 15<sup>th</sup> October the St Augustine's Cathedral in Port Elizabeth was packed to capacity for the Aachen Cathedral Choir in Concert from Germany.



**CHOIR MEMBERS RELAXING AT ST LUKES RETREAT CENTRE.**

What a happy atmosphere there was. The flower arrangements in the Sanctuary were absolutely stunning which added to the beauty of St Augustine's. The programme included Jubilate Deo, Ave Maria, Be still for the presence of the Lord,

Ubi caritas et amor, and many other songs as well.

The Aachen Cathedral Choir can look back on more than 1200 years of history and is thus the oldest boys choir in Germany. Its establishment goes back on the Aachener Hofschule

"Schola Palatina", which was founded by Alkuin of York, the scholar of Charles the Great. Since that time, the choir, traditionally singing with boys and men, makes music along the centuries, in the famous Palace Chapel (pfalzkapelle) of Charles the Great.

Today, Aachen's Domsingschule exists as a private catholic primary (elementary) school for boys and girls. Annually, the ADC performs about 70 services and concerts in the Aachen Cathedral. Further on the ADC sings as a guest choir in many other churches in the diocese of Aachen and the neighbouring dioceses.

Concert tours led the ADC in the past years to Russia, America, Israel, Luxembourg, Switzerland, Austria, Italy, South Korea and on the Balkans. A special highlight for the Aachen Cathedral Choir was the participating at the extraordinary Charlemagne Award ceremonies of the town of Aachen for Pope Johannes Paul II, on the 24<sup>th</sup> March 2004 in Rome.

**Knights of Da Gama – Uitenhage**

**LEN WILD**

Fr Max Salsone gave a very good homily referring to the Knights as a band of brothers who tirelessly give of their time and labor to care for the poor, the needy, and to support a home for ladies who find themselves in a pregnancy crises.



**In the forefront of the picture are Deputy Grand Knight, Errol Plaatjies, Fr Max Salsone, Regional Grand Knight, Len Wild, absent is GK Colin Walton who is away on leave.**

Marian Villa to date has saved the lives of over 200 babies who otherwise could have been aborted.

All this is to strengthen their faith, and do Christ's will.

After mass the prospective Knights and their wives, plus those wanting to know more about the Knights of da Gama, were invited to tea, prepared by the Catholic Women's League in Uitenhage. Great appreciation was expressed to the ladies involved.

Thereafter our Deputy Grand Night presented an overhead slide permutation on who and what the Knights were all about. This included the aims and objectives of the Order. Errol also told us of the many countries that the Knights

operate in.

Fr Max then introduced Frank Wightman as the past International President of the Knights of Da Gama throughout the whole world. His comment was "And that from little ole Port Elizabeth". Father Max indicated that he had over 43 candidates already lined up and they intend to regard council of St Jude as the largest council in South Africa.

It is considered, that between Len Wild and Fr Max with their enthusiasm, they will achieve their goals

It looks like the rest of us are going to have to do some serious recruiting to stay ahead of the small town of Uitenhage.

**Our Lady of the Holy Rosary Comitium – Port Elizabeth**

Yvonne Hoggins, Clive Diedericks and Shireen Grootboom took an extension trip during October to Fort Beaufort and Grahamstown. The reason for this trip was to try and establish new Praesidia and to visit existing Praesidia. They also went to encourage the Legionaries in these area as well as to give advise and make sure the Legion work is being done in the proper Legion spirit.



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